



SPE at St. Francis Retreat Center

Sabbath Time Mini & Day Retreats

Sample Schedules

Mini Retreat - \$60

First Evening

7 pm Arrival & Check-in
Orientation and Evening Prayer

Full Day

8 am - Breakfast
9 am - Morning Prayer
9:30 am - Time for Prayer/Reflection
12 noon - Lunch
*Time for Prayer/Reflection
*Opportunity to meet with a Spiritual Director
3:00 - Closing Prayer
4:00 pm - Departure

Day Retreat—\$20

9 am - Arrival & Check-in
*Orientation
9:30 am - Time for Prayer/Reflection
12 noon - Lunch
*Time for Prayer/Reflection
*Opportunity to meet with a Spiritual Director
3:00 pm - Closing Prayer
4:00 pm - Departure

**SPE at St. Francis Retreat Center
is now offering
Mini and Day Retreats!**

- Comfortable stay in a private room
- Access to 95 acres of pine groves, prayer gardens and lovely views
- Tastefully prepared meals in the attractive dining hall
- Welcome bag & binder which include meditation guides and prayers
- Time for meditation & reflection
- Spiritual Direction (scheduled in advance)
- Access to the excellent materials in the Resource Center

SPE at St. Francis Retreat Center

Ministering to the Minister

703 Main Street
DeWitt, MI 48820

Phone: 517-669-8321 ex.22

Fax: 517-669-2708

E-mail: tfeuka@stfrancis.ws

Registration for Mini and Day RETREAT

Circle preferred dates and complete the form and return to:

SPE Program, St. Francis Retreat Center
703 E. Main St., DeWitt, MI 48820
Phone: 1-866-669-8321 or fax 517-669-2708

We request that registrations be made no later than one week before the Retreat

2010

Mini Retreat Dates - \$60	Day Retreat Dates - \$20
October 26-27	October 13
November 18-19	

Name: _____ Email: _____

Address: _____ Day Phone #: _____

City, State, ZIP: _____ Eve. Phone#: _____

Religious Affiliation: _____

Special dietary/medical/mobility needs: _____

How did you hear about this program? _____

Would you like to speak with a Spiritual Director while you are here on Retreat? yes no

Is this your first Sabbath Time Retreat? yes no

Payment can be made by credit card, check, or with online registration.

Make checks payable to ***Sustaining Pastoral Excellence***. To pay by credit card, please fill out the information below.

MC/VISA/Amex/Discover credit card number: _____ 3-digit code _____

Name on card: _____ Expiration Date: _____

Signature: _____ Amount: \$ _____

Call the Retreat Center at 517-669-8321 to check availability.

To register online, go to www.spe-stfrancis.org. Click on *Programs/Sabbath Time* retreats and follow the instructions.